



## Things a volunteer **CAN** do

- ✓ Take part in agreed activities such as; reading, listening to music, playing board games, playing cards, dominoes
- ✓ Visit regularly at the agreed times
- ✓ Make drinks for the cared for (such as tea / coffee)
- ✓ Call for help should the need arise
- ✓ Engage with cared for during visits whilst taking care to ensure they are safe, for example:
  - Reminiscence work, such as looking at old photos
  - General chat
  - Watching TV
  - Crosswords

## Things a volunteer **CAN'T** do

- ✗ Household tasks including; cleaning, vacuuming, washing clothes, cooking, ironing, changing light bulbs
- ✗ Shopping
- ✗ Gardening
- ✗ Personal care including; toileting, feeding, lifting, any form of manual handling, washing
- ✗ Invite Carer/cared for to volunteers home
- ✗ Push wheelchairs
- ✗ Take anyone out without first speaking with the office, so staff can undertake a further risk assessment
- ✗ Administer medication (a volunteer is allowed to prompt though)
- ✗ Accept gifts or enter into any financial transactions with Carers
- ✗ Bring other visitors to Carers' home
- ✗ Visit outside of agreed times
- ✗ Give advice