



ASSOCIATION OF
carers

- SUPPORTING UNPAID CARERS -

Registered Charity 1159551

NEW!

NEW!

April Newsletter

APRIL, 2024 | 12TH EDITION

Dates for your diary!

Carers Lunch Clubs

St Leonards On Sea- Thursday 4th April at 12:30pm

Bull Inn, 530 Bexhill Rd, St Leonards-on-Sea, TN38 8AY

Rye- Thursday 18th April at 12:30pm

The Robin Hood Inn, Main Road, Icklesham, Winchelsea, TN36 4BD



Pre-booking is essential. Please call 01424 722309 to let us know you are coming!

Carers Café

Newhaven- Tuesday 2nd April at 11am-1pm

Denton Island Community Centre, Denton Island, Newhaven, BN9 9BN

Bexhill- Monday 8th April at 1pm-3pm

The Pelham, Hollier's Hill, Bexhill-on-Sea, TN40 2DD

Need help with your phone, tablet or laptop? Bring them along to these sessions for free technology support!



Zoom

Zoom Bingo sessions- Thursday 4th & 18th April at 1:30pm-3pm

Online activity- please email info@associationofcarers.org.uk for the link to join.

(Don't know how to use zoom? This can be covered in our FREE Computer Help At Home sessions!)

Events

Please see event posters for more information.

Charity Fashion Show- Monday 22nd April, doors open at 7pm, show starts at 7:30pm
A fantastic evening out with a live fashion show and an opportunity to buy brand new clothes with 70% reductions! Tickets are £10 and include a glass of wine or soft drink on entry. Please see event poster for details.

Wealden Community Lottery

Association of Carers have recently signed up to be a good cause for the Wealden Community Lottery. Each ticket is £1 and 50p of that will go directly to our charity. The tickets you buy go into a weekly draw where you can win up to £25,000 as well as many other prizes. Go to wealdencommunitylottery.co.uk and search for Association of carers to buy tickets in the next draw.

DID YOU KNOW?

We are also signed up as a good cause for the Eastbourne Local Lottery and Rother Community Lottery. Check out rothercommunitylottery.co.uk and eastbournelocallottery.co.uk and search for Association of Carers to play there too!

WE'VE LAUNCHED OUR LOTTERY

Association of Carers provide FREE volunteer-led services to unpaid Carers across East Sussex.

For every £1 lottery ticket bought, 50p goes to our charity to help us continue to offer our FREE support services to unpaid Carers!

Thank you for your support and good luck!

- Tickets cost just £1 a week
- Help give our fundraising a boost
- Win up to £25,000!

PLAY NOW:

SCAN THE QR CODE OR GO TO www.wealdencommunitylottery.co.uk AND SEARCH FOR **Association of Carers**

GambleAware 



Registered Charity 1159551

SCAN ME



Test your brain!

CLASSIC LITERATURE WORD SEARCH PUZZLE



A TALE OF TWO CITIES
ANNA KARENINA
CYRANO DE BERGERAC
DAVID COPPERFIELD
DON QUIXOTE

ETHAN FROME
GREAT EXPECTATIONS
HUCKLEBERRY FINN
IVANHOE
JANE EYRE

LITTLE WOMEN
MOBY DICK
OLIVER TWIST
ROBINSON CRUSOE
SILAS MARNER

THE ODYSSEY
THE SCARLET LETTER
TREASURE ISLAND
WHITE FANG
WUTHERING HEIGHTS

Charity Promotional Video

In our last newsletter we asked for volunteers and Carers to come forward to take part in promotional Video's we are making for volunteers and Carers week this year. We have been lucky enough to have a few willing participants who have offered to share their experiences on screen. Lucy, our Events and Fundraising coordinator has been asking questions such as "Why did you become a Volunteer?" and "What has been your experience with Association of Carers been like.

The video's will also be played at our annual AGM and used on our website. Although we've had a good response it would be even better if we could round up some more willing participants to take part in this project, if you would like to share your experiences, please call 01424 722309 and ask for Lucy.



Become a Member of Association of Carers

WHAT- As a Charitable Incorporated Organisation (CIO), we have the opportunity for people to become members of the Association of Carers.

WHY- Membership is FREE and members have a say on how we operate, who our trustees are and can vote at our Annual General Meeting, they also receive a copy of our newsletters and magazine, along with other relevant information, such as details of our fundraising initiatives and changes to the way we deliver services.

WHO- A member can be anyone who receives our services or has received them in the past, is a volunteer or former volunteer, or someone who wants to support us, because they believe that what we do is important.

FREE CREAM TEA- As a member, you are invited to our Annual General Meeting on Friday 27th September 2024 which includes a free cream tea!



If you would like to become a member of the Association of Carers, please contact the office on 01424 722309, info@associationofcarers.org.uk, or fill out the online form on associationofcarers.org.uk



ASSOCIATION OF
carers

- SUPPORTING UNPAID CARERS -

Registered Charity 1159551

50 Miles for Carers

May 2024

**Walk, run, jog or cycle 50 Miles in May
to raise money for unpaid Carers!**

- Starter pack, incl. information on how to find sponsors
- Guided walks across East Sussex
- Full support from the Association Of Carers team
- Medal on completion

**£5
Entry
Fee**

**Sign up to make a
difference this May!**

Call 01424 722309 or email
info@associationofcarers.org.uk

